

Headfirst Health Privacy Statement

We collect personal information from you, including information about your:

- Name and contact information
- personal health information

We collect your personal information in order to:

- safely undertake and monitor your health

Besides our staff, we may need to share this information with:

- other agencies to avoid endangering someone's health and safety, or as required by the law.
- a third party, at the authorisation of the client.

Providing some information is optional. If you choose not to enter your full health information, we may be limited in how we provide care, and it may affect the effectiveness and safety of treatment.

We keep your information safe by physically securing and using password protected digital files and only allowing our practitioners to access this information.

We keep your information for ten years at which point we securely destroy it by erasing digital files and shredding any physical copies.

You have the right to ask for a copy of any personal information we hold about you, and to ask for it to be corrected if you think it is wrong. If you'd like to ask for a copy of your information, or to have it corrected, please contact us at admin@headfirsthealth.co.nz.